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May 19, 2010

TO: Each Supervisor

FROM: Marvin J. Southard, D.S.W.
Director of Mental Health

SUBJECT: **ADVANCE NOTIFICATION OF INTENT TO ENTER INTO SOLE SOURCE CONTRACT AMENDMENT WITH UNIVERSITY OF CALIFORNIA, LOS ANGELES INTEGRATED SUBSTANCE ABUSE PROGRAMS**

This memo is to notify your Board that the Department of Mental Health (DMH) intends to enter into a sole source contract amendment with the Regents of the University of California, Los Angeles (UCLA) on behalf of their Integrated Substance Abuse Programs (ISAP), located at 10833 Le Conte Avenue, Los Angeles, CA 90059-0001.

On September 14, 2009, the Chief Executive Office (CEO) submitted a final report in response to your Board's proposal to transfer the Department of Public Health (DPH) Alcohol and Drug Program Administration (ADPA), now known as Substance Abuse Prevention and Control (SAPC), to the Department of Mental Health. It was recommended by the CEO, after a review and analysis of policy and program benefits, that SAPC "remain in DPH and the DMH/DPH MOU be executed on an expedited timeframe to further the collaboration of integrated services." In line with the CEO's recommendation, on February 2, 2010, DMH and DPH adopted an MOU to formalize clinical, programmatic, and fiscal agreements between the two departments in order to best support high quality integrated treatment for County residents with co-occurring mental health and substance abuse disorders.

This amendment will further the collaboration between the two departments and support the purpose of the Department's Mental Health Services Act (MHSA) Innovations (INN) Plan; increase access for services; increase quality of services, including better outcomes; and promote interagency collaboration. The INN Plan is, by State guidelines, required to be a plan relatively more focused on learning than upon the service provision more central to some other MHSA components. While there are emerging models for the integration of health, mental health, and substance abuse services that might greatly improve care, relatively little is known about the

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optimal means to achieve this integration for underrepresented ethnic populations with high levels of homelessness and significant mental health challenges. To help fill this critical need for such knowledge, Los Angeles County stakeholders, during the community planning process, proposed four distinct models of integrating mental health, physical health, and substance abuse services in defined focal populations.

Under this amendment, ISAP will provide professional development and consultation for over 3,000 DMH directly operated and contracted staff who serve consumers across all age groups. The focus of the development and consultation will be co-occurring mental health and substance use disorders. ISAP will utilize their unique expertise, derived from their experience with the Los Angeles County Evaluation System (LACES). LACES is ISAP's proprietary performance-based management system developed over the past decade. This system utilizes data to inform, develop, and maintain specialized evaluation and technical assistance and training about best practices for delivery of care for those individuals receiving substance abuse treatment. ISAP uses this system in partnership with SAPC. Given our County's prioritization of close integration of services between SAPC and DMH, ISAP's experience with LACES uniquely qualifies ISAP as the best provider of training and consultation to DMH in order to promote this practice of integration. This amendment will also include responsibility for co-sponsoring the DMH annual State-wide Conference on Co-Occurring Disorders in Fiscal Year (FY) 2010-11.

This professional development program and consultation will be countywide, covering all five Supervisorial Districts and all eight Service Areas. The project will be funded with a total of over \$1.5 million of MHSA INN budgeted dollars over three years (\$500,000 annually), effective FY 2010-11. It is anticipated that the Affiliation Agreement with UCLA will be renewed, effective FY 2011-12.

The justification for sole source contracting with ISAP is:

- ISAP is uniquely qualified to provide this training and consultation project for DMH due to both their past multi-year co-occurring disorders (COD) training project with DMH and their ongoing multi-year contract with SAPC via LACES, thereby facilitating practice integration.
- ISAP has already developed the necessary tools and training components for improving the quality of integrated COD treatment in Los Angeles County Departments that are responsible for provision of such services, via their previous assistance to SAPC to:
 - assess overall effectiveness of the alcohol and drug services treatment/recovery systems;

- assess the effectiveness of specific service modalities and service components delivered by SAPC;
- develop a system-wide data collection system to evaluate client outcomes and program performance;
- use data to influence the future development of the treatment system;
- develop and implement performance standards; and
- develop a system of training and technical assistance to improve performance.

In summary, ISAP is uniquely qualified for delivering needed contractual services to DMH in the area of improving integrated treatment for co-occurring mental illness and substance abuse. This unique qualification derives from ISAP's successful history and capability of using sophisticated data acquisition and analysis to continuously inform and evolve training for DMH sister programs, SAPC, OAPP as well as other County systems. ISAP has developed and utilized, through the LACES, specific data capture and feedback mechanisms to identify problems and gaps in the existing systems and to develop and deliver evidence-based solutions to improve the content and delivery of care for SAPC that are pivotal to current DMH efforts to integrate substance abuse and mental health services.

No other vendor can provide the necessary expertise and extensive project development experience of ISAP. Among the features of ISAP that render effective duplication by another vendor impractical and unlikely are the following:

- ISAP previously contracted (in 2006) with DMH to provide the Professional Development and Consultation Program for COD and HIV/AIDS Recommended Care for Transition Age Youth, Adults, and Older Adults, to over 1,800 directly operated and contracted DMH staff. Additional services are needed to continue with this process.
- As one of the largest substance abuse research groups in the United States and a major entity in the drug abuse research community internationally, ISAP works to develop and evaluate new approaches for the treatment of substance abuse disorders and to move empirically supported treatments into mainstream application.
- ISAP is home to the Pacific Southwest Addiction Technology Transfer Center, a SAMHSA-funded training center focused on the dissemination and

implementation of substance abuse knowledge and skills throughout a variety of systems of care, including mental health and primary care.

- Through a contract with the United Nations Office on Drugs and Crime, ISAP provides training around the world in evidence-based drug abuse treatment practices.
- ISAP is at the forefront of research and treatment development regarding the growing problem of methamphetamine abuse.
- No other program, locally or nationally, has the experience, expertise, and capacity to adequately accomplish the goals of this project.

Of additional note, the Los Angeles County goal of integration of substance abuse treatment and mental health services between DMH and SAPC also involves integration of those services and associated practices with the broader network of primary care and specialty clinical and administrative infrastructure within California and beyond.

ISAP has extensive experience in working with the State Department of Alcohol and Drug Programs, leading the Continuum of Services System Reengineering (COSSR) that allows for ongoing evaluation of program capability. ISAP also consults to other states and foreign countries.

Unless otherwise instructed by a Board office within two weeks, DMH will proceed with negotiating the sole source contract amendment. DMH will work closely with both the Office of the County Counsel and the Chief Executive Office in amending the current contract with the Regents of the University of California, Los Angeles.

MJS:RS:JS:ce

c: Health Deputies
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